



**Excelsior Respect Co-Operation
Resilience Friendship**

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Dates to Remember

Wednesday 25th October

School Council 7.00pm
(Finance at 6.00pm)

Friday 27th October

Basketball finals – Mill Park

Monday 30th October

Assembly –RSL Scholarship announced

Tuesday 31st October

2018 Prep Transition session 2
11.45am-1.15pm
Coffee cart available (\$3.00 cup) until
3.00pm – all welcome!
Year 6 Graduation committee 3.30pm

Wednesday 8th November

2018 Prep Transition session 3
11.45am-1.15pm
Year 5 Leadership Course

November 8th to 17th

Year 3/4 Portrait Exhibition
(more information to come)

Thursday 9th November

Walkathon – information to come

Friday 10th November

Remembrance Day at Bundoora Primary
at 11.00am.

Saturday 11th November

Remembrance Day service at Watsonia
RSL at 11.00
Presentation of RSL Scholarship

Tuesday 14th November

2018 Prep Transition session 4
11.45am-1.15pm

Saturday 25th November

Family Portraits (more information to
come)

From the Principal...

Yesterday we welcomed our **2018 Prep students** and their families for their first transition session. Thankfully there weren't too many tears from our little preppies (or their parents), with our newest members of our school community spending time in our Prep rooms, making new friends and becoming familiar with our classrooms, other prep students, our teachers, and finishing off with a little play in our Prep playground. While this was going on, our Prep parents met with me in the Palace to discuss ways to prepare their child for school. I hope that our 2018 Prep students and their families came away feeling comfortable about their transition into our school. Following each transition session our new little students and families will become more and more familiar with our school grounds, classrooms, and our staff. The next transition session is next Tuesday, 31st October between 11.45am-1.15pm. We have arranged a coffee cart to be on our school grounds during this afternoon, to give our Prep families an opportunity to purchase a cuppa (\$3.00 each) and chat and get to know other families.

I invite all existing Bundoora Primary School families to take up the opportunity of our coffee cart to purchase a cuppa (\$3.00 a cup) from 2.15pm-3.00pm. Hopefully the weather will be kind and our parents can join other parents for a cuppa and use this chance to catch up or meet and get to know other parents.

Last night our (this year's) Prep families were treated to a **wonderful Performing Arts Presentation**, which included live performances from our Prep students of ukuleles, dancing, singing and Auslan, as well as a 40 minute iMovie which showcased photos from Prep classes throughout the year. It was wonderful to welcome our Prep families who looked as though they enjoyed getting an insight into our very engaging Performing Arts Program delivered by our very talented Performing Arts teacher, Mrs Newell. Thank you also to our Visual arts teacher, Mrs Allibon, who presented many wonderful examples of our Prep kids' creative efforts completed in the Art program.

Our students are enjoying **Walk to School Month**, eagerly noting their travels to and from school in their classrooms. The Walk to School Program promotes regular physical activity in Victorian primary school students, which helps kids and their families establish active routines for life. It also supports primary schools, local councils and communities to make active travel easy, safe and accessible. Students, in each class, are recording their travel to and from school to encourage others and show how easy it is to get a little bit of exercise each day.

Congratulations to Jayden (5/6J) for participating in the **Region Athletics Competition** last week in shotput. Jayden achieved a personal best in this field event and we are extremely proud of him representing our school so well. Our winning grand finalist **Division Basketball Team** will again compete on Friday, this time at the Northern Region Basketball Final at Mill Park Stadium. This team has worked really hard, under the coaching of our Physical Education teacher, Mr Kret, to get to this point and we are so very proud of this achievement! In case you didn't see it, our team received a special "good luck" message from Chris Goulding, Melbourne United NBL & Australian Boomers basketball player, which can be viewed here:

<https://www.facebook.com/BundooraPrimarySchool/videos/2075057389174763/>

Our new **online ordering system for uniform orders** has commenced with very minimal disruption. Our Uniform Shop Coordinator, Leonie McDonald, is ensuring the smooth running of this changeover and we appreciate everyone's patience during this time. A reminder that all uniform orders are to be placed online via <https://fcw.com.au/schools-online-shops/>. Once you have entered this website, simply select Bundoora Primary School and place your order. Your order will then be passed to your child directly each Monday or be available for collection by parents each Monday between 9.30am and 11.00am.



facebook.com/BundooraPrimarySchool

We provide our students with the skills to become confident and capable global citizens.

We are well into preparations for our **2018 class structures** and placement. I encourage any families who are aware of any incoming students, whether into Prep or throughout any year levels, to contact our office as soon as possible to ensure inclusion into our 2018 structure. Likewise, it is important for us to be aware of any possible students leaving our school due to moving suburbs, etc. Our 2018 Prep Transition information was sent out at the end of last term, preparing our Prep families for our transition sessions which will start early next month.

Enjoy your week!
Lee Pollard

Performing Arts – Nerida Newell

Thank you to all our Prep families who were able to attend our Prep Performing Arts presentation last night. Our Prep students have worked hard all year, enjoying drama, singing, dancing, instruments (ukuleles) and all things performing arts, with enthusiasm and eagerness each and every lesson!



Huge Thanks!

On behalf of the English Committee and the Bundoora Community we would like to thank the following mums for their efforts with the take home readers in the junior school

Annette Beswick – Jorja's mum

Snez Popovski – Hristian and Melanie's mum

Deb McLeary - Katelyn's Mum

Brianna Field – Innarah's Mum



Our kids matter.
kidsmatterprimary.edu.au

Kids Matter
Australian Primary Schools
Mental Health Initiative



Start building independence and resilience will follow.

Children are hard-wired for independence

Sometime around the age of fifteen months (give or take three months) most children will make a strong case for self-sufficiency. They demand to do things their own way. This demand is soon backed by a strong voice – “NOOOO!” and the more articulate cries of “I can do it!” as their third birthday approaches.

This is the time to harness their push for independence and self-sufficiency. Their push for independence will see most children take incredible physical risks in the form of play, the exploration of their immediate environment and their wish to gain mastery over their environment. Concerned parents will naturally minimise risks by moving furniture around; keep doors closed and hiding sharp implements at home, to name a few protective measures. But parents can’t eradicate all risks. They recognise that kids will fall and hurt themselves but they’ll also get up and go again. In time, they’ll learn to assess situations, stare down their fears and test themselves out in new situations. Falling down, brushing yourself off and trying again is part of the natural learning experience for most young children. Parents don’t have to do much more than assess a situation for real dangers, stand back and allow kids to explore their environments and pull them up when their play and explorations transgresses the rights and peace of others.

So what’s this got to do with resilience?

Well, everything really. Independence is the pursuit of mastery over one’s self and one’s environment and it rarely happens without mishaps and mistakes. It nearly always involves hurt, hardship, frustration and fear. That’s where resilience comes in. Resilience is the art of bouncing forward after experiencing aforesaid hurts, hardships, frustrations and fears. Resilience is what comes from seeking out self-sufficiency and independence.

The language of Independence

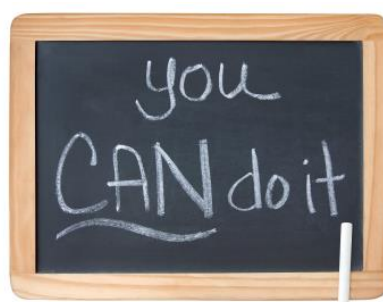
The fact that there’s a whole genre of language devoted to resilience (and it’s mostly cloaked in cliché) is no accident. Terms such as “get back on the bike/horse when you fall off”; “come on, brush yourself off and get on with it”; “what doesn’t kill you makes you stronger” are built into the psyche of past generations. Many parents today will cringe at these terms as they appear a little callous and out of touch. Conversely the current relationship with risk and adventure (both required for independence-building), that many parents have is very tenuous at best, non-existent at worst.

Therein lies the challenge. I haven’t met a parent, carer or teacher who doesn’t want the children in their care to develop resilience that will last a lifetime. Yet, many of those same adults will block the pathway to children’s resilience by over-indulging, solving their problems and not giving them real responsibility. In doing so they deny kids the sense of mastery that comes from sorting out their own problems, getting themselves out of jams and getting up after a fall.

You can never love your children too much; but you can love them helplessly. That’s what happens when we deny kids the opportunity to become truly independent and self-sufficient. Deny self-sufficiency and you block a child’s resilience.

Develop real independence and you open the pathway to resilience that will last a lifetime.

Dr Michael Grose, Parenting Ideas



Community News

STARTING IN NOVEMBER

Why kids & parents love
MILO in2CRICKET



- ✓ Introduces girls and boys, aged 5-8, to the game of cricket
- ✓ Develops fundamental movement skills
- ✓ Develops team values
- ✓ Great way for kids to make new friends and have loads of fun in a safe environment
- ✓ 8 - 12 week program
- ✓ All equipment supplied, including soft ball
- ✓ Sessions last up to 60 minutes
- ✓ Inclusive of all abilities, skill levels and children with a disability
- ✓ Kids receive a **BONUS** player pack upon registration



OLD PARADIANS CRICKET CLUB INC.
GARVEY OVAL, 1436 PLENTY ROAD, BUNDOORA

SESSION TIME: TUESDAY 6pm – 7pm
START DATE: 14th NOVEMBER 2017
LAST SESSION BEFORE CHRISTMAS 19th DEC
STARTS AFTER HOLIDAYS ON 30th JAN
LAST DAY: 20th FEBRUARY 2018
10 WEEK PROGRAM COST IS \$80
includes a Milo In2Cricket participant pack

TO REGISTER VISIT playcricket.com.au
SELECT where can I play?
ENTER Old Paradians then CLICK SEARCH
CLICK next, choose your program
CLICK REGISTER to complete
registration & payment

OPCC Contact: Jon 0402 350835

<https://www.artscentremelbourne.com.au/whats-on/2017/families/the-gruffalo>

The Gruffalo

Arts Centre Melbourne presents CDP with Tall Stories' production of

Based on the award winning picture book by Julia Donaldson & Axel Scheffler

The Gruffalo © Julia Donaldson & Axel Scheffler 1999 – Macmillan Children's Books

*A mouse took a stroll through the deep,
dark wood ...*

Searching for hazelnuts, Mouse meets the cunning Fox, the eccentric old Owl and the party mad Snake. Will the story of the terrifying Gruffalo save Mouse from ending up as dinner for these hungry woodland creatures? After all, there's no such thing as a Gruffalo – is there?

Join Mouse on a daring adventure through the deep, dark wood in this magical, musical adaptation of the classic picture book by Julia Donaldson and Axel Scheffler, when it returns to Australia this November after sell-out seasons across the world.

Filled with songs and laughter and scary fun!

"funny, charming and smart... brings the house down" Sydney Morning Herald

"Beg, borrow or steal tickets. Your kids will love you for it" Stage Whispers

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BASS UKULELE PIANO KEYBOARD**

