



Bundoora
Primary School

**Excellence Respect Co-Operation
Resilience Friendship**

Balmoral Avenue, Bundoora 3083
Ph: 9467 2601
bundoora.ps@edumail.vic.gov.au
www.bundooraps.vic.edu.au

Out of School Hours Care: 0467 712 368
www.oshclub.com.au

Dates to Remember

Thursday 20th September

Second-hand uniform sale 2.30pm
(Items \$5.00-\$10.00)

Friday 21st September

Sports colours day – Students invited to wear their favourite team's colours gold coin donation
Sports Colours Parade 9.15 in Palace

End of Term – 1.45pm finish
(BOSHCare available until 6.00pm)

24th – 28th September

(first week of school holidays)

School Closed – Asbestos removal and demolition of Canteen building

Monday 8th October

Start of Term 4

All students must have a BPS hat for outside play in accordance with our SunSmart Policy

Friday 19th October

Social Enterprise "Dinner in the Shoes of a Stranger" World Hunger Evening – \$20 per person – bookings at www.trybooking.com/XRQH



Download Compass (free) from App/Play store



Our kids matter.
kidsmatterprimary.edu.au



Bundoora Bulletin

From the Principal...

As we come to the end of a very busy term I'd like to take this opportunity to thank and congratulate our teachers, staff, and parents for all that we have achieved and experienced throughout our school this term. On reflection, our school concert would have to be the highlight of the term, with wonderful feedback from many, many of our families and words of self-pride from our students. Our Preps celebrated their 100 Days of Prep and enjoyed their visit from local Firefighters, as well as a fun day out to Bundoora Homestead. Our Year 1/2 and Year 5 students enjoyed their excursions to the Melbourne Museum, while our Year 3/4 students experienced all that Sovereign Hill Camp provides. Our Year 6 students gained insightful knowledge and furthered their knowledge of people experiencing homelessness at The Living Room, to support with our Social Enterprise Program. Our Specialist Programs provided various incursions and activities, such as Science Week & our very successful Family Science Night, the PLANKS incursion, African Drumming, and Moran Photography (Year 5s only), as well as District Athletics, and the many various activities that come out of our Student Wellbeing Program, coordinated by Mrs Bonazza. I'd like to also thank our Parents & Friends Team for their tireless efforts this term hosting our Father's Day Stall and coordinating our Chocolate Drive. I'm sure everyone will enjoy the two week holiday break with (hopefully) some beautiful sunshine to encourage everyone to get outside for some healthy fresh air and exercise.

There are still a few families who have outstanding chocolate boxes & payment. Please forward any unsold chocolates and/or payment to our office by this Friday so that we can close off our **Chocolate Drive** by the end of this term.



A reminder that during the upcoming School Holidays the Canteen & storage sheds building will be demolished and prepared for a new basketball court to be installed.

Our school and its grounds will be closed September 24th – September 28th (week one of the School Holidays) to allow for the removal of the asbestos and demolition of the canteen and sheds.

We continue to hold site meetings with our architects, building team, and DET representative, which allows us to stay updated on the progress of our current building construction. As well, we have had several meetings to further discuss Stage 2 of our build and hope to present proposed plans to our school community soon.

As advised above, our Canteen building will be demolished next week to make way for a new basketball court. This means our Canteen will temporarily operate out of the Palace (the assembly end) during Term 4. Given the small area of our temporary Canteen, there will be a reduced Canteen menu (attached and on Compass for your information). The reduced Canteen menu will continue to operate throughout Term 4 on Wednesdays, Thursdays, and Fridays.

Our school photographer, Marcus, delivered, as promised, our school concert photos, which have now been distributed to students who placed their orders. We hope our families are as happy with them as we are.

The company providing the videography of our school concert hope to have copies ready for delivery this Friday, which will then be distributed to students who have ordered them. Please note, unfortunately the copy of our school concert will be provided in a DVD format, not USB as originally advised. Families who have ordered their copy will also receive a link via email to download, as they require, in the coming weeks. We hope these formats of the performance are appreciated by our parents.

Please remember, in line with our SunSmart Policy, all students must wear a Bundoora Primary School hat for outdoor play and physical education lessons. Hats, as with any of our uniform products, must be ordered online at <https://fcw.com.au/schools-online-shops/>.

Our BOSHCare Coordinator, Laura, will be finishing up with us at the end of the Term as she furthers her career. We thank Laura for her contributions to our Out of School Hours Care Program and wish her all the very best. Our new coordinator will be announced at the beginning of Term 4.

Prep 2019 Enrolments being finalised – transition letters have been sent home.

Do you have, or know someone who does have, a Prep-aged child who is starting school next year? Our Enrolments for Prep 2019 are being finalised, as we are well into reviewing our class structures and placements for next year. Our 2019 Transition Information has already been sent home. If you have, or know someone how has, a Prep-aged child for 2019 who has not yet enrolled into our school, please enrol as soon as possible, to ensure there is a place available.

In preparation for our “Kiss and Drop” zone, Banyule Council has the following information for parents:

- The drop-off and pick-up zone for the school will have ‘2-minute’ restriction, in the indented parking area off Bendoran Crescent (on the Bundoora Primary School side), operating on school days.
- Please use Greenwood Drive to access the ‘kiss and drop’ zone on the West side of Bendoran Crescent. It is not recommended to undertake ‘U-turns’ to access the ‘kiss and drop’ zone as this can cause safety concerns for pedestrians, particularly children and will be an impediment to traffic flow on Bendoran Crescent.
- It is not recommended that parents leave the vehicle while dropping or picking up children. It is essential that the cars are parked for a maximum of two minutes to make the ‘kiss and drop’ zone functional and effective.
- Please be mindful that it is an offence to:
 - Double park next to a legally parked vehicle – even for a short time or to drop off or pick up passengers.
 - Stop or park within a ‘No Stopping’ zone.

We can all work together to ensure the safety of children, pedestrians and motorists around our streets and schools. Adults play a vital role leading by example and setting good road safety practices. You can help by obeying road rules and allowing enough time to drop off and pick up your child. Remember, children are both vulnerable and subject to acting on impulse.

I would like to wish all of our students, families, and staff a lovely two week holiday break. Please take the time to get outdoors, have some fresh air and exercise. I look forward to seeing everyone back here in two weeks’ time, refreshed, relaxed and ready for Term 4.



Enjoy your week!
Lee Pollard

Our kids matter.
kidsmatterprimary.edu.au



IN THE HEAT OF A PARENTING MOMENT

We all do and say things in the heat of the moment that in retrospect make us cringe, that make us go “What on earth was I thinking?” That fill us up with regret.

When responses work well – the ‘4 R test’

How can you tell if a situation calls for tough love or a softer touch? One way to check is with the Parenting Ideas 4 R test. That is, would your response clear these four criteria?

Related – Does the punishment fit the crime?

Respectful – Does it let the child keep their dignity?

Reasonable – Would an outsider consider it ‘reasonable’?

Repeatable – Could you say it again and be sure it will have a positive impact?

It’s best to check your responses and see if they pass the 4 R test. If not, then leave them out of your repertoire, as it’s a fair chance that they will be ineffective at best, or lead to an even more resentful child at worst.

For parents, it’s a struggle sometimes to know what to say and do to get kids to cooperate. A lot of it is trial and error. Over time, you get a better feel for what works and what doesn’t and will learn how to get to a peaceful resolution... eventually.

On your journey to finding out what works, it’s best to leave some touchy areas such as tooth fairies alone.

Logical, considered and dispassionate consequences are the safest, sanest and most effective parenting tools to reinforce responsible behaviour, while helping you build a positive relationship with your young one.

NEXT TIME YOUR CHILD HAS A
MELTDOWN, SEE THEIR
SMALLNESS. OBSERVE HOW
THEIR EMOTIONS ARE LARGER
THAN THEY ARE. IN THAT
MOMENT, YOU WILL FEEL
EMPATHY INSTEAD OF
EXASPERATION.

SCHOOL HOLIDAY IDEAS

Here’s a few websites which may be useful for parents these school holidays:

<https://www.schoolholidayrescue.com.au>

https://whatson.melbourne.vic.gov.au/whatson/school_holidays/Pages/default.aspx

<https://www.vic.gov.au/about-victoria-tourism/holidays-daylight-saving/school-holidays/school-holiday-activities.html>

<https://www.finder.com.au/school-holidays-activities-in-melbourne>

<https://www.timeout.com/melbourne/kids>

Remember, there are so many parks in and around our area for families to enjoy!

NINE DIGITAL TECHNOLOGY GUIDELINES FOR PARENTS

Technology is everywhere now, in our homes, in our pockets, and perhaps worryingly for many parents, in our children's hands.

Every family is different, and will have their own ideas around what's considered 'normal' or acceptable use of our beloved devices, which means there's no universal answer. However, there are some suggestions that can help you build some rules of your own and bring some order to the way your children use digital devices at home. Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need — that is, leading by example and being balanced role models who know when to use and when not to use their devices.

1. Know what the rules and expectations are at school

School digital device policies make a great starting point for families. Every school is different - make sure that you and your child know what the rules are at school. Importantly, support the school and keep your own expectations in line with theirs.

2. Specify hours for digital use

Set the ground rules for when your youngsters can use their tablets and phones, and when they need to shut them off for the night. It's just a smart way to build a habit for the whole family so it becomes ingrained and just the way things are done in your home. Keep in mind that this age group faces tremendous peer pressure to be online 24/7, and even though they'd never admit it, it might be helpful for them to have an acceptable 'way out' from their demanding digital life.

3. Consider a digital device 'contract'

Mobile phone 'contracts' were popular with parents a few years back and they are still a smart way to go. Clearly set out your digital device usage guidelines, and print them in an agreement that you and your young one can both sign. If there are any disputes, then you both have the expectations in writing. This digital technology guideline maybe a little too formal for many people's tastes, but it removes the grey areas around expectations that many young people are likely to exploit.

4. Lay out consequences from the start

Make the consequences clear for breaking the rules, such as taking away the phone or tablet for a set period of time. But remember, the goal isn't to punish them, but just to set clear boundaries. Your home's digital device guidelines should be reasonable rather than excessive, and be made in collaboration with your youngster so they feel a sense of ownership about the rules too. This should make it less likely for them to 'break the law', so to speak.

5. Talk about respectful relationships and safety

You can't let your young person loose in the digital world without having several conversations about how to stay safe online, how to show respectful behaviour and be aware of the pitfalls of inappropriate sites. Each of these topics is a separate issue on its own, but each is deeply affected by the virtual, boundary-free nature of digital technology. This kind of digital exposure can have massive ramifications on the growth and development of young people, especially when it comes to the quality of their relationships and well-being.

6. Be prepared to learn

Be ready to learn about social media, and the different apps and games that young people may be playing. But at the same time, be mindful of their boundaries. A recent Australian survey found that young people see TV-watching as a way of connecting to their family, and social media as a way of connecting to their friends.

7. Change the rules if necessary

Many families will have a young one who believes that rules are made to be broken. They are the ones always pushing past their boundaries, their own limits and the limits of their parents' patience. Smart parents take a more flexible approach, and believe that rules are made to be changed. Be prepared to keep evolving your rules based on your young person's behaviour, maturity, sleep habits, their tendency to leave homework or chores unfinished, bullying or any number of issues that will invariably crop up to make them feel like your rules just aren't working.

8. Keep digital devices out of the bedroom

If there was one rule that you should stay firm on, then this is the one. Many young people are in a constant sleep deficit as it is without bringing digital devices into the mix. They may say they want to charge it in their room. Keep the charger in a public place. They may even want to use their mobile or tablet to wake up in the morning. Applaud them on wanting to wake up on their own, but get them a regular alarm clock instead.

9. Have a 'digital detox' one day a week

The only way that this idea will work is if you join them in making one day a week a digital device-free day. They will probably not like it, and neither will you, but the point of having one day off is to prove that they can live without their digital device, and involve them in different forms of communication and entertainment.

Digital technology is now an integral part of our lives, but it's not the only option we have for entertainment, information and or communication. Before we help our young people, it's best to look at our own digital habits to make sure we are providing them with what they need — that is, leading by example and being balanced role models who know when to use and when not to use their devices. They are far more likely to walk our walk than follow our talk.

It's not easy, but with a little effort and forethought, it does not have to be such a daunting proposition

We provide our students with the skills to become confident and capable global citizens.



World Hunger Evening

“Dinner in the shoes of a stranger”

*Proudly presented by the Social Enterprise Program of
Bundoora Primary School*

Date: 19th of OCTOBER

Time: 7:00pm onwards

Where: Balmoral Ave, Bundoora P.S

Price: \$20 per person

Bookings: www.trybooking.com/XRQH

R.S.V.P: 10th of OCTOBER

Adult only experience—no alcohol

***ALL MONEY RAISED WILL BE DONATED TO HELP
SUPPORT HOMELESS PEOPLE IN MELBOURNE***

We support “The Living Room”

***THIS IS AN EXPERIENCE,
NOT A BANQUET!***

Did you miss our recent Assembly?

Our assemblies are held each Monday morning to celebrate our student achievements and report important information to our community.

- Recent Excursions reports
- Kindy Music

- Chocolate Drive finishing
- End of Term information

- Social Enterprise Gala Night
- New students & Prep 2019 info

....and further reports from our Captains, House Captains reporting on their chosen Value of the week, Birthdays & our School Song.

Pupil of the Week for the week ending: 7th September 2018

GRADE	REASON FOR CITATION	NAME
5/6T	For great listening and positive contributions in class discussions.	Kimberly
5/6N	Working well on writing interesting events for our newspapers.	Joe
5/6M	For her application to our Art Program within our Social Enterprise Program.	Briana
3/4S	For your outstanding descriptive writing piece and use of vocabulary.	Patrick
3/4M	For always completing his story writing to the best of his ability.	Jack
3/4B	For always being an enthusiastic and responsible helper and setting a great example during PMP.	Eliza
3/4A	For being a friendly, bubbly student who shows hard work and determination in class.	Isabella
1/2S	For all your efforts with Share Time this term.	Matthew R and Ellie
1/2N	For some amazing Share Time presentations using PowerPoint. Keep up the awesome work!	Mackenzie
1/2B	For always asking for extra work and challenging herself.	Isabelle
Prep T	For trying your best to adjust to new school routines and making new friends! Well done!	Manan
Prep L	For trying your best with your learning and always having a go! You're a superstar!	Jaycob
Prep E	For sharing your amazing ideas on our excursion to Cooper's Settlement. Fabulous!	Evie
STEM	For working so hard on your planet project, using facts and creativity in your brochure.	Jenna
Visual Arts	For your awesome attitude and effort.	Eve J
Phys. Ed	For working well with students during our lesson and starting to develop your leadership skills.	James A
Performing Arts	For always putting 100% into everything you do, with a massive smile on your face! Awesome effort in rehearsals and in the concert. Well done!	Winston
Corrective Reading	For your great reading on your Mastery test.	Charlee R
Auslan	For using your knowledge of Auslan signs to talk to Hannah.	Raven
BOSHCare	For always being willing to help others and always having a friendly personality.	Jesslyn



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Pupil of the Week for the week ending: 14th September 2018

GRADE	REASON FOR CITATION	NAME
5/6T	For her creative and funny alliteration writing and illustration.	Jacinta
5/6N	For having a go to learn the two dances in three weeks and perform on the night. A superstar in the making.	Yi
5/6M	For her hard work and practice for the school concert. Well done!	Angelique
3/4S	For always showing great strength and resilience when dealing with difficult situations.	Clementine
3/4M	For her great compassion when helping out another student who was in a tricky situation.	Keenya
3/4B	Exceptional effort and performance put into the school concert. Great job!	Maddy
3/4A	Outstanding performance in our school concert. His overall improvement in positivity.	Antonio
1/2S	For a fantastic term of hard work and focus with lots of excellent work being completed on time. Keep working hard. Well done.	Zayna and Hannah
1/2N	For following class rules and being a fantastic role model for his peers.	Tanish
1/2B	For volunteering to help clean at the concert.	Grace
Prep T	For being such a great friend to all and helping our new Prep T student settle into our school. Well done!	Jeremy
Prep L	For putting in an excellent effort in all areas of his learning.	Christopher
Prep E	For putting in so much effort during Handwriting. Fantastic!	Emma D
STEM	For always working hard to keep the science room organised and being happy and polite to everyone, always!	Allie
Phys. Ed	For being ready when needed and showing great resilience. Well done!	Jean-Paula
Corrective Reading	For your fantastic effort reading your new story. Well done!	Chloe
Auslan	For your excellent signing of sport words.	Lebron
Vis Arts /Auslan	For your excellent effort learning the signs for colour words.	Sultan



Our Canteen Service will not operate at all during the last week of this term. This is to allow our Canteen Manager to clear the canteen room in preparation for demolition during the school holidays.

CANTEEN MENU SUMMER, T4 2018 (Open Wednesday, Thursday, Friday)

LUNCH FOOD

- \$5.00 - Fried Rice *H
- \$5.00 - Spaghetti Bolognese *H
- \$5.00 - Mac & Cheese *H
- \$4.20 - Meat Pie
- \$4.20 - Sausage Roll
- \$0.40 - ***Tomato Sauce
- \$3.00 - 3 Chicken Nuggets *H
- \$4.00 - Ham & Cheese Sandwich

Please note our reduced Canteen menu is due to the current building works that is continuing through Term 4. We hope to have our renewed (increased) Canteen menu from Term 1, 2019. We appreciate your patience and support and look forward to opening our brand new Canteen and Canteen service with the completed construction of our school building.

DRINKS

- \$1.50 - Water
- \$2.50 - Big M (Choc or Strawberry)
- \$2.50 - Just Juice (Apple, Orange, Paradise Punch,
Apple/Blackcurrant)

SNACKS AND FROZEN TREATS

- \$2.00 - Popcorn – Sea Salt or Cheddar Cheese
- \$1.50 - Delights Rice Crackers (BBQ Salt & Vinegar, Sour Cream)
- \$1.80 - Choc Chip or Blueberry Mini Muffin
- \$0.60 - Zooper Dooper
- \$1.00 - Icy Pole (Assorted Flavours)
- \$3.00 - Frozen Yoghurt (Mango or Strawberry)
- \$2.00 - Paddle Pop - Chocolate or Rainbow

PLEASE NOTE THE PRODUCTS MARKED *H ARE JAKIM HALAL APPROVED

Please add 10 cents to your order if you do not have a paper bag

Community Notices:

Lunar Drive In

115 SOUTH GIPPSLAND HWY, DANDENONG. 9706 9988

Disney Christopher Robin
SEPTEMBER 10 (C)

GO! MOVIES SEPTEMBER 13 (C)

SMALL FOOT
SEPTEMBER 20 (C)

JOHNNY ENGLISH
SEPTEMBER 20 (C)

GOOSEBUMPS 2 HORRORLAND
NOVEMBER 1 (C)

THE HOUSE WITH A CLOCK IN ITS WALLS
COMING SOON (PC)

ALL CARLOADS ONLY \$25*
EVERY MONDAY, TUESDAY & WEDNESDAY (per movie)

ALL CARLOADS ONLY \$30 PER MOVIE
THURS-SUN

SESSIONS AT WWW.LUNARDRIVEIN.COM.AU

Information correct at time of printing. All dates and films are subject to change.

BUNDOORA PRE-SCHOOL PRESENTS ITS HALLOWEEN MARKET

Watsonia Community Hall
35 Lambourn road, Watsonia
Wednesday October 31
6-9 pm

Showbag full of goodies
for the first 100 families through the door

Kids can come
in costumes and trick or treat...

Gold Coin Entry per adult only!!!
so many free activities for the whole family to enjoy...

- Market Stalls.
- Food, drinks and refreshments
- Sports and activities.
- Entertainment
- Competitions.
- Raffles
- And so much more...

Banyule

FREE course -Social Media— Business Marketing

Are you wanting to gain knowledge about online marketing? This program will cover basic skills to use Social Media platforms as a marketing and promotional tool.

Content will include:

Identifying Social Media Apps

- Setting up Social Media Profiles
- Understanding the difference between personal and business Social Media accounts
- Uploading photos
- Sharing and commenting on Facebook posts
- Scheduling posts
- Managing an online profile
- Note: Participants will need to provide their own device

Location: Thomastown Neighbourhood House

Days: Thursday

Dates & Times: 8 October—29 October 2018

10.00am—2.00pm

Duration: 4 weeks

Cost: FREE

Ring **PRACE** on **9462 6077** or visit our

website: www.prace.vic.edu.au

ANZ HOT SHOTS tennis

SAVE \$100 IN TERM 4

Gripping Potential

Enrol now
Term 3 School
Holiday Clinics

HOT SHOTS TENNIS LESSONS FOR KIDS 5-12
ALL ABILITIES | BEGINNERS ENCOURAGED

REGISTER AND PAY BEFORE THURS 20 SEPTEMBER FOR 25% OFF
+ FREE WILSON ROGER FEDERER OR SERENA WILLIAMS RACQUET
+ FREE NEW BALANCE HOT SHOTS T-SHIRT

CLAIM YOUR FREE STUFF!

LESSONS DELIVERED BY REGISTERED PROFESSIONAL COACHES

WEEKDAYS 4PM ONWARDS | 30 MIN & 45 MIN LESSONS AVAILABLE
BUNDOORA TENNIS CLUB: TELFER RESERVE, BUNDOORA

To enrol contact: info@grippingpotential.com.au or 0402 296 835
www.grippingpotential.com

Offer for new clients only. Return clients will receive T-Shirt
+ 15% off term fees with every referral who signs up



JNR OPTUS DOLPHINS

COME & TRY

JOIN THE FUN!

Make a splash at the FREE Optus Junior Dolphins Come and Try Sessions!

Bring your little swimming legend along to improve their swimming skills with game-based learning and a chance to meet an Australian Dolphins Swim Team member.

Details for our next exciting Come & Try Session:

WHEN: Thursday 27th September- School Holidays
 TIME: 12:30pm-2:30pm
 WHERE: WaterMarc Banyule, 1 Flintoff Street, Greensborough 3088
 REGISTER: www.watemarkbanyule.com.au
 MORE INFO: 9422 6111

Want to know more?
 See our website for details:
juniordolphins.com.au

Hi!

JuniorDolphins.com.au /optusjuniordolphins @optusjuniordolphins

Hospitality Basics

Develop the basic skills needed to work as a Kitchen Hand or Front of House service in a café or restaurant.

Location: East Preston Community Centre

Days: Thursdays

Time: 9.30am—3.30pm

Dates: 11th October—13th December

Duration: 10 sessions

Ring PRACE on 9462 6077 or visit our website: www.prace.vic.edu.au